

Some of the free online courses offered by futurelearn.com

Using your internet browser e.g. Google, type in: futurelearn.com Click on View Courses and scroll down until subjects appear on the left. Click on the subject heading that you find appealing – happy browsing!

Please find below some ideas:

Creative Arts & Media

- Start Writing Fiction

Literature

- Jane Austen: Myth, Reality & Global Celebrity

History

- Genealogy: Researching your Family Tree
- Working Lives in the Coal Mines: Mining History & heritage
- England in the Time of King Richard III
- The Tudors

IT & Computer Science

There were lots of courses but the titles were not easy to understand

Healthcare

- Food Science & Nutrition: From the farm to you
- Food as Medicine

Politics & Society

- Demystifying Mindfulness
- Propaganda & Ideology in Everyday Life
- Incarceration: Are Prisons a Suitable Punishment?
- Understanding Gender Identity: Transpeople in the Workplace

Science, Engineering & Maths

- Climate Change: Solutions
- Moons

Two other sites to peruse

- Google open learn and click on Open Learning-Open Learn etc.*
- Free Online Courses & MOOCs from UK

*History Group members might be interested in *Early modern Europe: an introduction 1500-1780*

WhatsApp communication

It has been suggested certain Groups may benefit from use of this mobile phone application known as an App for short. If you have a smartphone you can download for free the (App) called WhatsApp. This messaging App is available for Android / Apple and other smartphones.

WhatsApp uses your phone's Internet connection to send messages over the internet while logged in at home to your modem. If you use Wi-Fi at home, messages are free, if using mobile data setting (out of your home Wi-Fi range) you will incur phone charges or use part of your contract allowance.

It is easier to add people to the group if their name and mobile number is already listed in your contact list.

To download the App

Your mobile will have an Application (Play store) on Android mobiles, on clicking to open, you can look for WhatsApp Messenger. When you find it, select it to install it to your mobile.

Opening the downloaded App, you will be prompted to allow the App to access you phone numbers. If you agree, it will list people you know, who may use the App already, and you can start to message them.

The Committee and some groups have downloaded it to their mobiles and started chatting already.

(Thank you to Kevin for the information on WhatsApp)

Browsing the TV channels has come up with some delights:

Channel	Freeview	Freesat
PBS American (mainly documentaries)	91	155
Dave	19	157
Drama	20	158
Yesterday	25	159
Film 4	14	300
Sony Movie	32	302
Sony Movie Classics**	50	303

** I watched *Mary Queen of Scots* (1971) with Glenda Jackson and Vanessa Redgrave last night. It was followed by *The African Queen*, a golden oldie but it was on too late for me! Sarah

Other recommendations are welcome!